

Building Leadership Resilience



➤ **Leadership: are you willing to accept the challenge?**

The challenge: stepping up and making a real difference at the risk of not being popular

➤ **If so – you must be comfortable with failure**

The greatest of leaders have failed over and over again before reaching success

<https://www.youtube.com/watch?v=zLYECljmnQs>

➤ **The top six ways to develop resilience**

- Be clear on what you stand for

What are your values? What matters most to you? These things get you through the tough spots, keeps you on track

- Refuse to settle

Grit is what keeps your determination constant. Giving up is giving in.

<https://www.youtube.com/watch?v=u93XffME5bo&t=8s>

- Put others before self

Servant leaders have a mission above their own needs and desires.

<https://www.youtube.com/watch?v=ctZHSa4Qhd4&t=128s>

- Banish negativity

Realistic optimism builds confidence. Every setback has a bright side.

- Focus on the future

Hold on to your vision. Never give up

https://www.youtube.com/watch?v=Pb_eT1GKAgl&t=78s

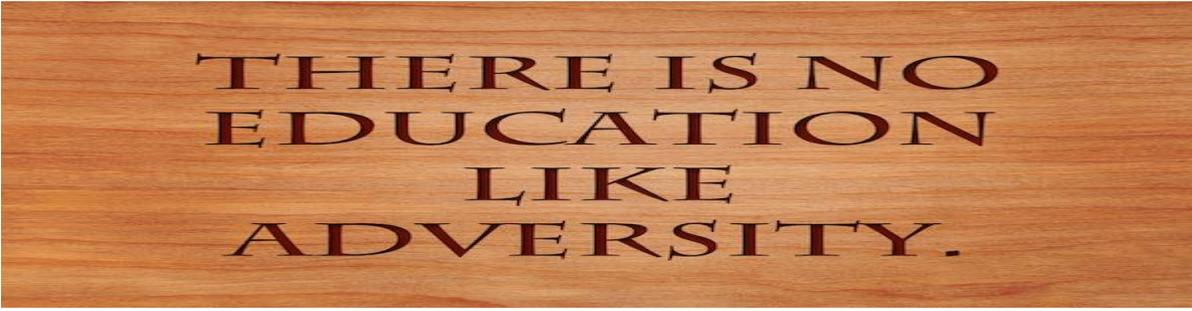
- Own it

Learn and lead

Libby Anderson ~ TalentForce Solutions



Quotes From Resilient Leaders



THERE IS NO
EDUCATION
LIKE
ADVERSITY.

1. Start by doing what's necessary; then do what's possible; and suddenly you are doing the impossible. -Francis of Assisi
2. Success is to be measured not so much by the position that one has reached in life as by the obstacles which he has overcome. -Booker T. Washington
3. The only thing that overcomes hard luck is hard work. -Harry Golden
4. Always bear in mind that your own resolution to success is more important than any other one thing. -Abraham Lincoln
5. Success is 99 percent failure. -Soichiro Honda
6. [Turn your wounds into wisdom](#). -Oprah Winfrey
7. Success seems to be largely a matter of hanging on after others have let go. -William Feather
8. There's a bit of magic in everything, and some loss to even things out. -Lou Reed
9. There is no education like adversity. -Disraeli
10. I can't change the direction of the wind, but I can adjust my sails to always reach my destination. -Jimmy Dean
11. Believe you can and you're halfway there. -Theodore Roosevelt
12. Seize every opportunity along the way, for how sad it would be if the road you chose became the road not taken. -Robert Brault
13. I hated every minute of training, but I said, 'Don't quit. Suffer now and live the rest of your life as a champion.' -Muhammad Ali
14. If opportunity doesn't knock, build a door. -Milton Berle
15. Your big opportunity may be right where you are now. -Napoleon Hill
16. Everyone here has the sense that right now is one of those moments when we are influencing the future. -Steve Jobs
17. The best preparation for tomorrow is doing your best today. -H. Jackson Brown, Jr.
18. Jumping at several small opportunities may get us there more quickly than waiting for one big one to come along. -Hugh Allen
19. Opportunities do not come with their values stamped upon them. -Maltbie Babcock



never
never
never
give
up

(winston churchill)